

Lovely Lunch

*We offer lunch Monday thru Saturday 11am- 4pm, and Sunday 11am- 3pm.
We welcome phone orders for pickup. We do not offer delivery at this time.*

Soups

Soups are made fresh daily and are always vegetarian (many are vegan, too!).

Rotating flavors include Rosemary Lentil, Apple Fennel, Curried Carrot, Split Pea with Mint...
the list goes on! Cup/ \$3.00, Bowl/ \$4.50

Call and ask for today's flavors!

Sandwiches

*All sandwiches are served with your choice of sweet potato chips, fruit or mixed greens tossed in
sundried tomato vinaigrette. Or, if you prefer, sub a cup of our homemade soup for \$1.50*

Turkey with garlic/shallot spread, roasted red peppers and provolone cheese on sourdough.
\$6.50

Salami with provolone cheese and whole grain mustard on a New York style bagel.
\$6.50

Tuna Salad with sundried tomatoes, capers, kalamata olives, lemon
and olive oil on our flaky croissant.
\$6.50

Veggie roasted vegetables with herbs de provence, roasted garlic hummus
and baby field greens on multigrain.
\$6.00

PB&J Parkers Farm natural peanut butter and our homemade raspberry jam on multigrain.
\$5.50